

**Camp Westwind Plant List**

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Nomenclature updated June 2019

**Primary habitat(s):**

FR-Fraser Rd.; F-forest; S-shore pine forest; D-dune; B-beach; C-seaside cliff &amp; base; M-meadow

Common Name	Scientific Name	Family	1° habitat(s)
Pacific red elderberry	<i>Sambucus racemosa</i> var. <i>arborescens</i>	Adoxaceae	FR, F
Henderson's angelica	<i>Angelica hendersonii</i>	Apiaceae	C
Sea watch	<i>Angelica lucida</i>	Apiaceae	C
Cow parsnip	<i>Heracleum maximum</i>	Apiaceae	C
Pacific water parsley	<i>Oenanthe sarmentosa</i>	Apiaceae	FR
Mountain sweet cicely	<i>Osmorhiza berteroi</i>	Apiaceae	F
Skunk cabbage	<i>Lysichiton americanus</i>	Araceae	FR
English ivy	<i>Hedera helix</i>	Araliaceae	F
False lily-of-the-valley	<i>Maianthemum dilatatum</i>	Asparagaceae	F, S
Yarrow	<i>Achillea millefolium</i>	Asteraceae	C
Pearly everlasting	<i>Anaphalis margaritacea</i>	Asteraceae	C
Coastal mugwort	<i>Artemisia suksdorfii</i>	Asteraceae	C
Coyote brush	<i>Baccharis pilularis</i> ssp. <i>consanguinea</i>	Asteraceae	D
Edible thistle	<i>Cirsium edule</i>	Asteraceae	C
Seaside daisy	<i>Erigeron glaucus</i>	Asteraceae	C
Bolander's packera	<i>Packera bolanderi</i> var. <i>bolanderi</i>	Asteraceae	C
Sweet colt's foot	<i>Petasites fragidus</i> var. <i>palmatus</i>	Asteraceae	C
Tansy ragwort	<i>Senecio jacobaea</i>	Asteraceae	C
Lady fern	<i>Athyrium filix-femina</i> var. <i>cyclosorum</i>	Athyriaceae	FR
Red alder	<i>Alnus rubra</i>	Betulaceae	F
Deer fern	<i>Blechnum spicant</i>	Blechnaceae	F
American searocket	<i>Cakile edulenta</i>	Brassicaceae	B
European searocket	<i>Cakile maritima</i>	Brassicaceae	B
Little western bittercress	<i>Cardamine oligosperma</i>	Brassicaceae	C
Black twinberry	<i>Lonicera involucrata</i>	Caprifoliaceae	F
Field checkweed	<i>Cerastium arvense</i> ssp. <i>strictum</i>	Caryophyllaceae	C
Sticky mouse-ear checkweed	<i>Cerastium glomeratum</i>	Caryophyllaceae	C
Seaside sandwort	<i>Honckenya peploides</i> ssp. <i>major</i>	Caryophyllaceae	D
Oregon stonecrop	<i>Sedum oreganum</i>	Crassulaceae	C
Oregon bigroot	<i>Marah oregana</i>	Cucurbitaceae	M
Weak-veined sedge	<i>Carex infirminervia</i>	Cyperaceae	F
Big-head sedge	<i>Carex macrocephala</i>	Cyperaceae	B
Bracken fern	<i>Pteridium aquilinum</i>	Dennstaedtiaceae	F
Common sword fern	<i>Polystichum munitum</i>	Dryopteridaceae	F
Common horsetail	<i>Equisetum arvense</i>	Equisetaceae	C
Salal	<i>Gaultheria shallon</i>	Ericaceae	F
Pacific rhododendron	<i>Rhododendron macrophyllum</i>	Ericaceae	F
Early huckleberry	<i>Vaccinium ovalifolium</i>	Ericaceae	F
Red huckleberry	<i>Vaccinium parvifolium</i>	Ericaceae	F
Hairy-stemmed paintbrush?	<i>Castilleja hispida</i>	Fabaceae	C
Beach pea	<i>Lathyrus japonicus</i> var. <i>glauber</i>	Fabaceae	C, D
Seaside lupine	<i>Lupinus littoralis</i>	Fabaceae	F, C?
Springbank (marsh) clover	<i>Trifolium wormskjoldii</i>	Fabaceae	C
Giant vetch	<i>Vicia nigricans</i> var. <i>nigricans</i>	Fabaceae	C
Pacific waterleaf	<i>Hydrophyllum tenuipes</i>	Hydrophyllaceae	FR
Tracy's mistmaiden	<i>Romanzoffia tracyi</i>	Hydrophyllaceae	C
Tough-leaf iris	<i>Iris tenax</i>	Iridaceae	M

Baltic rush	<i>Juncus balticus</i> ssp. <i>ater</i>	Juncaceae	C
Small-flowered woodrush	<i>Luzula parviflora</i> ?	Juncaceae	F
Seaside arrow-grass	<i>Triglochin maritima</i>	Juncaginaceae	FR
Breat betony	<i>Stachys cooleyae</i> ?	Lamiaceae	FR
Fairy lanterns	<i>Prosartes smithii</i>	Liliaceae	F
Claspleaf twisted-stalk	<i>Streptopus amplexifolius</i>	Liliaceae	FR
Hariy stemed checkermallow	<i>Sidalcea hirtipes</i>	Malvaceae	M
Western trillium	<i>Trillium ovatum</i>	Melanthiaceae	F
Pale springbeauty	<i>Claytonia exigua</i> ssp. <i>exigua</i>	Montiaceae	D
Candyflower	<i>Claytonia sibirica</i>	Montiaceae	F
Miner's lettuce	<i>Claytonia perfoliata</i>	Montiaceae	F
Yellow sandverbena	<i>Abronia latifolia</i>	Nyctaginaceae	B
Pink sandverbena	<i>Abronia umbellata</i> var. <i>breviflora</i>	Nyctaginaceae	B
Pacific willowherb	<i>Epilobium ciliatum</i> ssp. <i>watsonii</i>	Onagraceae	C
Giant rattlesnake plantain	<i>Goodyera oblongifolia</i>	Orchidaceae	S
Unknown orchid		Orchidaceae	C
Vancouver groundcone	<i>Kopsiopsis hookeri</i>	Orobanchaceae	F
Pacific paintbrush	<i>Castilleja litoralis</i>	Orobanchaceae	C
Scouler's corydalis	<i>Corydalis scouleri</i>	Papaveraceae	FR
Bleedingheart	<i>Dicentra formosa</i>	Papaveraceae	F, FR
Common monkeyflower	<i>Erythranthe guttata</i>	Phrymaceae	C
Sitka spruce	<i>Picea sitchensis</i>	Pinaceae	FR, F
Shore pine	<i>Pinus contorta</i> var. <i>contorta</i>	Pinaceae	S
Coast douglas-fir	<i>Pseudotsuga menziesii</i>	Pinaceae	FR, F
Western hemlock	<i>Tsuga heterophylla</i>	Pinaceae	F
California seaside plantain	<i>Plantago maritima</i>	Plantaginaceae	C
California thrift	<i>Armeria maritima</i> var. <i>californica</i>	Plumbaginaceae	C
European beachgrass	<i>Ammophila arenaria</i>	Poaceae	D
American dunegrass	<i>Leymus mollis</i>	Poaceae	D
Black knotweed	<i>Polygonum paronychia</i>	Polygonaceae	C
Sheep sorrel	<i>Rumex acetosella</i>	Polygonaceae	M
Seaside dock	<i>Rumex fueginus</i>	Polygonaceae	B, D
Leather-leaved polypody	<i>Polypodium scouleri</i>	Polypodiaceae	C
Western starflower	<i>Lysimachia latifolia</i>	Primulaceae	FR, F
Double flowered creeping buttercup	<i>Ranunculus repens</i>	Ranunculaceae	FR
Little buttercup	<i>Ranunculus uncinatus</i>	Ranunculaceae	FR
Cascara	<i>Rhamnus purshiana</i>	Rhamnaceae	F
Coastal strawberry	<i>Fragaria chiloensis</i> ssp. <i>pacifica</i>	Rosaceae	C
Ocean spray	<i>Holodiscus discolor</i>	Rosaceae	F
Western crabapple	<i>Malus fusca</i>	Rosaceae	FR
Osoberry	<i>Oemleria cerasiformis</i>	Rosaceae	F
Pacific Ninebark	<i>Physocarpus capitatus</i>	Rosaceae	F
Common silverweed	<i>Potentilla anserina</i> ssp. <i>pacifica</i>	Rosaceae	C
Japanese rose	<i>Rosa rugosa</i>	Rosaceae	D
Thimbleberry	<i>Rubus parviflorus</i>	Rosaceae	F
Salmonberry	<i>Rubus spectabilis</i>	Rosaceae	F
Pacific blackberry	<i>Rubus ursinus</i>	Rosaceae	M
Douglas spirea	<i>Spirea douglasii</i>	Rosaceae	C
Western golden carpet	<i>Chrysosplenium glechomifolium</i>	Saxifragaceae	FR
Seaside heuchera	<i>Heuchera pilosissima</i> ?	Saxifragaceae	C
Large fringecup	<i>Tellima grandiflora</i>	Saxifragaceae	FR
Piggyback plant	<i>Tolmiea menziesii</i>	Saxifragaceae	FR
California figwort	<i>Scrophularia californica</i>	Scrophulariaceae	F, C
Stream violet	<i>Viola glabella</i>	Violaceae	F